

1. **A course title:** Good Feminist, Bad Feminist, Happy Feminist

2. **A course description/invitation of 150 to 200 words**

Considering pleasure as both a fundamental right and a form of activism, *Good Feminist, Bad Feminist, Happy Feminist* is inspired by adrienne maree brown's book *Pleasure Activism: The Politics of Feeling Good*. Using the framework presented in the book, together, we will wonder what it means to feel satisfied and content under systems of oppression, and how we can make feminism a fulfilling and pleasurable act of justice. Each week, we will discuss a different theme, including anger, profanity, intimacy, and witchcraft. These themes are designed to assemble a toolbox that guides you through your journey to become a pleasure activist. Within the context of the current patriarchal, capitalist, ableist systems we live in, this course rejects pain as 'a natural/normal woman experience.' Instead, it hopes to move us a step closer towards feeling and healing, and - to quote adrienne maree brown - "being life moving towards life," all while manifesting the joyful, accountable, feminist movements and futures we envision.

3. **A short and simplified course teaser of up to 50 words for social media**

In *Good Feminist, Bad Feminist, Happy Feminist*, Mariam Diefallah explores the possibility of finding joy in feminist activism. Throughout this twelve-week journey, the course will explore various themes, such as anger, profanity, intimacy, and witchcraft, assembling a toolbox that can move us towards creating the feminist futures we envision.

4. **A course image**



Photocredit to @kharabishnasawiya

<https://www.instagram.com/p/BwotDh6FrSW/?igshid=1hnocwbv1vf7m>

5. A tentative course flow, including the weekly topics, materials (reading, viewing, listening, etc.) and exercises or assignments

Week #1 Introduction to the Course: Who Taught You to Feel Happy?

Excerpts from adrienne maree brown, *Pleasure Activism: The Politics of Feeling Good*

Week #2 On Anger

Audre Lorde, *The Uses of Anger*

Week #3 On Profanity

Screening *What Happened to Her* by Kristy Guevara-Flanagan

Excerpts from Mona El Tahawy, *The Seven Necessary Sins for Women and Girls*

EXERCISE I

Week #4 On the Body

Guest Speaker: Zainab Alradhi, Founder of [Niswa](#)

Week #5 On Creation and the Divine

Guest Speaker: Merette Khalil, Founder of [YourEgyptianDoula](#)

Audre Lorde, *Uses of the Erotic*

Imene Amara, [The Trap of Ideal Motherhood](#)

EXERCISE II

Week #6 On Love and Intimacy

Excerpts from Bell Hooks, *All About Love* and نساء على أجنحة الحلم لفاطمة المرنيسي

Screening [Camera/Woman](#) by Karima Zoubir

Week #7 On Work and Success

Screening *The Three Disappearances of Suad Hosni* by Rania Stephan, and *Corpus: A Home Video about Selena* by Lourdes Portillo

Sarah Stoller, [The Flexible Work Fallacy](#), aeon

Excerpts from Andrea Veltman, *Meaningful Work*

EXERCISE III

Week #8 On Care and the Economy

[White Paper](#) on Prostitution and Poverty

Chanelle Gallant, *Fuck You Pay Me*

Yasmine Kherfi, [Female Hysteria, Invisibilized Labour, and the Kafala System](#)

Screening [وفي الليل يرقصن](#) by Isabelle Lavigne and Stephane Thibault, and *Night Cries, Nice Colored Girls* by Tracey Moffat

Week #9 On Beauty & Ageing

Screening *The Gleaners & I* by Agnes Varda
Excerpts from Ingvild Goetz, *Cindy Sherman*

ASSIGNMENT I

Week #10 But Who is Gonna Save You?

Audre Lorde, *The Transformation of Silence into Language and Action*
Miranda Fricker, *Silence and Institutional Prejudice*

Week #11 On Witchcraft and Healing

Excerpts from Silvia Federici, *Witches, Witch-hunting, and Women*
Excerpts from Octavia Butler, *Parable of the Sower*
Conversation with/on [Hammam Radio](#) (details to be confirmed later)

Week #12 Concluding Remarks

ASSIGNMENT II

6. A bio of up to 100 words about yourself

Mariam is a feminist doula, childbirth educator, and writer. She is a strong advocate for better sexual and reproductive health and rights for women in the MENA region, and is a passionate believer in pleasure as a form of activism. In her free time, Mariam is either dancing, cuddling with her three cats, or pretending she is studying Spanish. You can follow her on Instagram @mariamdiefallah

7. Three teaching days preferences

- a. Tuesday Morning+Tuesday Evening
- b. Monday Morning+Monday Evening
- c. Monday Morning+Tuesday Evening